NEXDIL GLOBAL LIMITED

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FREE · SELF-ASSESSMENT

# PMP Exam Readiness Self-Assessment

Rate your confidence in each area from 1 (not confident) to 5 (could teach it). It is organised around the three domains of the PMP exam that launched on 9 July 2026.

**The exam at a glance:** 180 questions in 240 minutes · People 33% · Process 41% · Business Environment 26% · about 60% of content draws on agile and hybrid approaches.

## People (33% of the exam)

| I am confident that I can… | 1 | 2 | 3 | 4 | 5 |
|---|---|---|---|---|---|
| Build, lead and support a high-performing team, including virtual teams | | | | | |
| Resolve conflict and negotiate agreements | | | | | |
| Engage stakeholders and manage their expectations | | | | | |
| Coach and mentor team members, and apply emotional intelligence | | | | | |

## Process (41% of the exam)

| I am confident that I can… | 1 | 2 | 3 | 4 | 5 |
|---|---|---|---|---|---|
| Choose a predictive, agile or hybrid approach and tailor it | | | | | |
| Plan and manage scope, schedule, budget and resources | | | | | |
| Manage quality, procurement and communications | | | | | |
| Evaluate and deliver project benefits and value | | | | | |
| Use AI and automation responsibly on a project | | | | | |

## Business Environment (26% of the exam)

| I am confident that I can… | 1 | 2 | 3 | 4 | 5 |
|---|---|---|---|---|---|
| Define and establish project governance | | | | | |
| Plan and manage risk, and recognise when a risk becomes an issue | | | | | |
| Manage and control changes; remove impediments and manage issues | | | | | |
| Plan and manage compliance, including sustainability considerations | | | | | |
| Support organisational change and continuous improvement; respond to external changes | | | | | |

## Exam readiness

| I am confident that I can… | 1 | 2 | 3 | 4 | 5 |
|---|---|---|---|---|---|
| Score 70% or more on full-length timed practice exams | | | | | |
| Work through multi-question case studies and interactive item types | | | | | |

## Your score

| Total (out of 80) | What it suggests |
|---|---|
| 64–80 | Strong. Focus on timed mock exams and your lowest-rated areas. |
| 48–63 | Building. A structured course plus 6–8 weeks of focused study is a realistic plan. |
| Below 48 | Early stage. Start with a full preparation course before booking your exam. |

This self-assessment is a study aid from Nexdil Global, not an official PMI tool, and does not predict exam results. Domain weights per PMI's July 2026 exam update; confirm current details on pmi.org.

**Ready to prepare for the PMP?**
Register for Nexdil Global's PMP Exam Preparation (35 contact hours, live online).

**nexdilglobal.com/register**
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